

Host a Sistership Circle for International Women's Day!

Heal the Divide. Lead Together.

Thank you for answering the call to **bring women together in sisterhood** for International Women's Day on **March 8, 2025**! This is your guide to creating a **powerful, transformational gathering** in alignment with our global movement.


Your Role:

You will be **holding space** for a group of women to **connect, heal, and rise together** through a **Sistership Circle**. Whether in-person or online, your circle will be part of a **global wave of sisterhood** happening at the same time worldwide.

◆ **STEP 1: COMMIT TO HOSTING**

 **Date:** Saturday, March 8, 2025

 **Time:** Anytime that works for your community (but ideally within 24 hours of the global event)

 **Location:** Choose **in-person** (home, studio, park) or **online** (Zoom, Google Meet)


HOW TO OFFICIALLY JOIN US:

 **Comment inside the [FB Event](#)** with "I'm hosting!" and your location.

 **Post inside the event** with your gathering details to invite local sisters.

 **Sign the Sistership Pledge:** [Link](#)

◆ **STEP 2: INVITE WOMEN TO YOUR CIRCLE**

 **Make a personal invitation list.** Reach out to **friends, clients, sisters, colleagues.**

 **Use our sample email, DMs & social media posts** to spread the word!

 **Promote on social media using #HealTheDivide**

 **Share in local women's groups, yoga studios, co-working spaces, and community centers.**

Example Invite:

*"Sisters, I'm hosting a **Sistership Circle** for International Women's Day! This is a sacred space for women to come together, connect deeply, and be part of a global movement to **Heal the Divide and Lead Together**. Join me on March 8! RSVP here → [\[Insert RSVP Link\]](#)."*

◆ **STEP 3: PREPARE YOUR CIRCLE SPACE**

 **For In-Person Gatherings:**

- Set up a **cozy, inviting space** with **pillows, candles, and an altar** if possible.
- Have **journal prompts & a talking piece** for sharing.
- Bring **tea, snacks, and a welcoming atmosphere**.

For Online Gatherings:

- Choose a platform (Zoom, Google Meet, etc.).
 - Send reminders & the meeting link in advance.
 - Encourage participants to be in a **quiet, sacred space**.
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♦ **STEP 4: HOST YOUR IWD CIRCLE (Simple Outline)**

♥ **Opening (10 min):**

- Welcome everyone & introduce **why we are gathering**.
- **Grounding exercise** (deep breaths, short meditation).

♥ **The Sistership Pledge (10 min):**

- Read the **Sistership Pledge together**.
- Invite everyone to **share what this pledge means to them**.

♥ **Guided Sharing (30-45 min):**

✨ **Prompt 1:** What has been your experience with competition or comparison among women?

✨ **Prompt 2:** What does sisterhood mean to you?

✨ **Prompt 3:** How can we lead together in a new way?


♥ **Closing Ritual (10 min):**

- Have each woman share **one word or intention** for sisterhood.
 - Close with a **group blessing or affirmation**.
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♦ **STEP 5: SHARE YOUR EXPERIENCE & KEEP THE MOVEMENT GOING!**

 **Take a photo/video of your circle & post with #HealTheDivide!**

 **Share your biggest takeaways inside the FB Event.**

 **Encourage women to continue meeting & supporting one another.**

 **WE RISE TOGETHER!**

By hosting a Sistership Circle, you are helping to **shift the paradigm of women's leadership**. Thank you for being part of this global activation!

💜 **Need support?** Post inside the FB Event or message us!

📌 **Join the FB Event here:** [Link](#)

📁 **Access shareable content & promo materials here:** [Link](#)

🔥 **Let's make HERstory.** 🔥 #HealTheDivide #LeadTogether